# FRAN DEAN-BISHOP

Workplace Wellbeing & Resiliency Expert Creator of WellTeamCulture and MindWellSuite™



## ABOUT FRAN

She's the Founder & CEO of Aerobodies Inc., and Creator of MindWellSuite<sup>™</sup> and WellTeamCulture. Her signature Workplace Wellbeing Methodology helps employers of all sizes immediately create energy and engagement through optimization of workspace design and culture of wellbeing leadership.

Fran's company has served 11 million employees in over five countries. As an award-winning founder and leader of a health and technology-driven organization, her goal is to design and execute strategic-integrated wellbeing programs that foster thriving cultures & people.

### PAST CLIENTS & TRAININGS

Mindfulness Training Food & Drug Administration

**Communication & Acquisition Skills Development Training** US Dept. of Agriculture

**Instructional Design & Communication Training** Dept. of Homeland Security

**Higher Education & Workforce Development Retreat** USAID

## **KEYNOTE TOPICS**

- Best Practices to Create Healthy Work & Living Spaces
- Shifts to Boost Your Employees Well-Being and Productivity
- Designing Virtual Learning Experiences and Meetings that Foster Wellbeing
- Relieving Workplace Anxiety & Stress to Optimize Performance and Profitability
- Ways to Design Workplaces to Support Employees Mental Wellbeing
- Well-building Standard

#### **TESTIMONIALS**

Matt, Sr. Program Manager, Virginia  $\star \star \star \star$ 

"These programs have been outstanding! They go beyond to accommodate a demanding workforce of active duty and civilian personnel and deliver outstanding services."

#### Christine, HR Manager, Maryland $\star \star \star \star \star$

"Fran and her team provided excellent communications to our organization throughout the program rollout. Our employees were excited and experienced great results with this training program."

#### LET'S CONNECT

Website: <u>www.aerobodies.com</u> Email: **franb@aerobodies.com** Phone: **703-820-0217**